

THE MILL



GLUTEN FREE MENU

Starters and Sharers

Whole king prawns baked with a chilli, garlic and herb butter	£10.25
Chargrilled aubergine salad with lemon, mint, chickpea and garden peas - vg	£6.50
Homemade soup of the day with toasted bread - v	£5.95
Baked Camembert with honey and rosemary served with toasted bread and roast garlic jam - v	£12.95
Mezze sharing board with toasted bread, houmous, sun-blushed tomatoes, feta cheese, tzatziki, chargrilled aubergine and marinated olives	£15.50

Mains

Homemade beef burger topped with Dorset Blue Vinney, crispy pancetta on a toasted bun, romaine lettuce, crispy onions with fries and spicy tomato chutney	£13.25
Fish of the day in Wadworth 6X Gold beer batter served with chips, homemade mushy peas and tartare sauce	£13.95 /£8.95
Home-cooked honey glazed ham with free-range fried eggs, slow roasted tomato and chips	£12.50 /£8.50
8oz Sirloin steak with mushroom, grilled tomato, fries and dressed leaves <i>Add peppercorn sauce, Stilton sauce or garlic butter for £2.00</i>	£21.95
Grilled chicken breast in a creamy Dolcelatte sauce served with buttered new potatoes and green beans	£14.50
Grilled sea bass with chorizo butter served with sautéed leeks, peas and creamed potatoes	£15.50
Caprese salad of heritage tomatoes, mozzarella and rocket with balsamic dressing - vg	£11.50

Sides

Chips - v	£3.50	Heritage tomato salad - v	£4.25
Fries - v	£3.50	Beer battered onion rings - v	£3.75
Seasonal vegetables - v	£3.50		

Sandwiches and Bagels

Please ask for today's bread selection and then choose from the fillings below

Fish goujons with lettuce and tartare sauce	£7.75
Home-cooked ham and mature Cheddar with tomato and watercress	£8.25
Crushed chickpea, smashed avocado, roasted pepper, lime, coriander and harissa mayo bagel - v	£7.25

Puddings

All puddings £6.50

- Chocolate brownie with chocolate sauce and vanilla ice-cream - v
- Choose 3 scoops from our ice-cream and sorbet selection, ask us for more details - v
- Sticky toffee pudding with rich toffee sauce and vanilla ice-cream - v
- Affogato - vanilla ice-cream topped with an espresso - v

A selection of British cheeses with assorted biscuits, apple, grapes, celery and chutney	£8.95
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Hot Drinks

Americano	£3.00	Flat white	£3.25
Cappuccino	£3.25	Hot chocolate	£3.50
Latte	£3.25	Pot of tea	£3.00
Espresso	£2.75	Speciality tea	£3.10
Double espresso	£3.25	Mocha	£3.50

Seasonal daily specials are always available ask us for more details

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(v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. All food is prepared in our kitchen where nuts, gluten and other allergens are present. Processes and training are in place to ensure that gluten-free meals on our gluten free menu are gluten-free. Our menu descriptions do not include all ingredients.

IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.

Full allergen information is available upon request. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association. 0617/1.

